



But hopelessness is holding too many teens back.

When teens don't have positive voices in their lives, they can question their worth and make choices that affect their future.

HOPELESSNESS LOOKS LIKE:

- Symptoms of depression and anxiety
- Self-harm
- Isolation and avoidance
- Substance abuse
- Bullying and aggression

# 31%

of high school students report feeling sad or hopeless almost every day for two or more weeks in a row, causing them to stop doing some usual activities.

Centers for Disease Control and Prevention (2018)

## Ending hopelessness unleashes untold potential in communities everywhere.

<https://thwellym.com/treehouse/>

Together, we can end hopelessness among teens. Join us.

- > Start a TreeHouse
- > Visit a TreeHouse
- > Donate
- > Volunteer



**952.412.4430**

**deb@scottcountytreehouse.org**

Our locations:

- New Prague TreeHouse (Mondays 6:30pm)**  
314 Main St E New Prague, MN 56071
- Savage - Prior Lake TreeHouse (Tuesdays, 6:30pm)**  
6201 W 135th St Savage, MN
- Shakopee TreeHouse (Tuesdays 6:30pm)**  
1760 4th Ave E Shakopee, MN 55379
- Chaska TreeHouse (Tuesdays 6:30pm)**  
150 Engler Blvd Chaska, MN 55318

**FREE Dinner at each location & transportation provided if needed.**



TREEHOUSE



# ENDING HOPELESSNESS AMONG TEENS.

TREEHOUSE BELIEVES

## Teens are a vital part of every community.





# WE ARE ON A MISSION TO END HOPELESSNESS AMONG TEENS.

When teens start believing what is true and possible, it changes everything.

We can't change the circumstances that teens face or promise they won't struggle or experience pain. But we can help them build resiliency and relationships that give them a solid footing and a transformed outlook.



## TRUTHS WE WANT EVERY TEEN TO BELIEVE:



**I am lovable, capable, & worthwhile.**

Every person is uniquely created by God and has innate value that no person or circumstance can take away. Because of this, every life is worth living. Every person has purpose. And everyone has something to offer.



**I am loved without strings & never alone.**

God will never love anyone more or less than He already does—regardless of what a person does, good or bad. He's fully committed and will never abandon the people He created and loves, no matter what.



**I have a future.**

Neither past decisions nor current circumstances can limit anyone. God is always doing a new thing and every person has unique gifts and abilities that give them a future with purpose.

TreeHouse creates a safe space for teens to belong.

When teens come to TreeHouse, sometimes it's the first time someone looks them in the eye and is happy to see them all week. At TreeHouse, teens know they will be loved, accepted, and supported—no matter what.

## TREEHOUSE PROGRAMS:



### SUPPORT GROUPS

One night a week, we create a safe space for teens to talk about what's really going on in their lives.



### CONNECT

We gather a second time to intentionally learn more about our God-given purpose.



### MENTORING

When a teen joins TreeHouse, they have the opportunity to get connected with an adult mentor.



### NEXT

We offer personalized coaching to help teens create an educational or vocational track for their future.